

# **Contemplative Holy Week Liturgical Participant Notes**

## Join Liturgies Here

We invite you to experience these Holy Week Liturgies as a retreat in the safety of your home sanctuary in the community of others.

- + There are no written bulletins.
- + They were not originally conceived for public performance, as stand-alone 'worship services,' but as evocations of the more subtle transformative currents moving through Holy Week in a single interwoven tapestry.
- + You will be invited to be present to the offerings of silent meditation, chanting, readings and rituals.
- + Invite others; all are welcome.

*MONDAY*: 6:00pm - 6:30pm PT | Conversation for Preparing for Liturgies Creating your home altar

**TUESDAY: 6:00pm - 6:45pm PT** | **Preparatory Ritual of Ablution and Absolution** Following the classic monastic practice of creating an "intentional sacramental 'vestibule' through which one enters into the Holy Week passage with the heart consecrated and pure."

- + Altar Candle to be lit at every gathering
- + Small bowl of Water with sprig

### WEDNESDAY: 6:00pm - 6:45pm PT | Anointing Ceremony

Focuses on Mary Magdalene and restores her central place in the Paschal Mystery and also restores the central place of anointing within the Holy Week celebration.

+ Altar Candle

- + Anointing Oil
- + Incense and matches
- + Vase with Rose or other flower
- + Icon of Mary Magdalene (optional)

*Maundy THURSDAY: 6:00pm - 7:00pm PT* | *Liturgy of the New Commandment* Hand washing meditation replaces foot washing.

- + Altar Candle
- + Bowl of warm, soapy Water/towel
- + Bread and Goblet of wine or grape juice
- + Access to lowering lights

#### Good FRIDAY

11:45am – 12:15pm PT	Ι	Holy Remembrance Silent Meditation
2:30pm – 3:30pm PT	Ι	Silent Meditation
3:30pm – 4:30pm PT	Ι	Solemn Commemoration of the Passion
6:00pm – 6:30pm PT	Ι	Entombment Liturgy (Vespers)

- + Altar Candle
- + A small cross/shroud to wrap it in
- + Incense

### Holy SATURDAY: 5:30pm – 7:30pm PT | The Great Vigil of Easter

Jesus Ascent from the Heart of the Earth. The Lessons of God's Redemptive Acts. Renewal of Baptismal Vow. Pierre Teilhard De Charin's Mass on the World.

- + Invited to DRESS in White
- + Altar Candle
- + Bells!!

+ Festival Cross or Cross with Vase of Flowers

Easter SUNDAY: 6:30am-7:15am PT | Sunrise Easter Festival Lauds

- + View of Sunrise
- + Altar Candle

Zoom Link: <u>https://us02web.zoom.us/j/82299917662?pwd=eW1Ia3U4d05nZjlCRG14QTk</u> <u>5YUJQQT09</u>

Meeting ID: 826 1482 7680 Passcode: 364098