

STILLPOINT: The Center for Christian Spirituality

To begin the process of discerning whether you would like to work with a spiritual director, it would be helpful if you could answer the following questions and return this form to us at your earliest convenience. (Write on the back of the sheet, if necessary.) We will then prayerfully consider whom we might suggest as a possible director for you.

Please send your completed form to **Stillpoint, The Center for Christian Spirituality, P.O. Box 94535, Pasadena, CA 91109.**

1. What are you looking for in spiritual direction at this moment in your life?
2. What are your preferences, if any, as far as a director being male or female, lay or clergy, older, younger, religious affiliation...?
3. Are there some things you would probably not want in a director?
4. Have you been in direction before? If so, how long? Was it a fruitful relationship? In what way? How long ago did it end?
5. How far are you willing to commute?
6. Are you limited in your availability to see a director; for example, if you are free only during evenings, or on weekends, etc.?
7. Would you like to be on our mailing list to be informed on events related to spirituality?
8. How did you learn about us?

Your name:

Your address:

Your telephone:

Your e-mail address: